

### Managing Difficult Conversations



#### **Tools for Managing High Pressure Situations**



## Intentions

# **Explore Four Key Strategies**

# Learn Eight Tools for Success

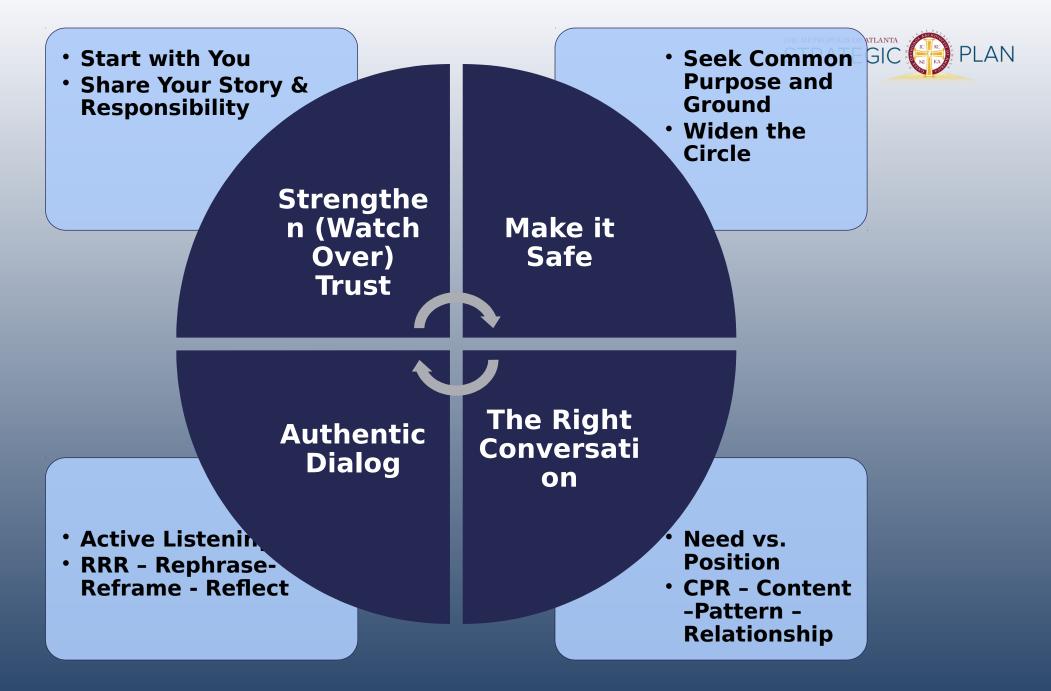
# Practice what we learn



# Not our Intention

Our hope and prayers are that by strengthening our skills in managing difficult situations through this module and it's predecessors, we can hopeful avoid the rare moments when the hierarchy of the church is needed to resolve a dispute. For a more detailed and full explanation the formal processes for dispute resolution when all other means have been unsuccessful, please see Addendum B in the Regulations found at:

http://www.goarch.org/archdiocese/documents/pdf/2014-06-regulations.pdf





## Start with You

Prepare Yourself

# Identify YourUnderstandIntentionsYour Story

Strengthen (Watch Over) Trust



## Share

#### **Your Story**

- Sharing how you prepared and your concerns for a productive discussion.
- Share your story (inferences) on the situation in an way allows the other person to challenge inferences you have made that are incorrect.

#### Responsibility

 Share what your contribution to the situation might be.. Even if it is just ignoring the issue, or not addressing it.

> Strengthen (Watch Over) Trust



## Shared

#### Purpose

- Help the parties grasp a common objective, describe it in the broadest, most fundamental terms.
- Gain agreement on the overall interest of ryone involved.

#### **Common Ground**

- Help everyone see where they are more alike than different.
- Affirm the role and values of everyone involved.
- ABI Acknowledge before Inquiry

Make it Safe



## Acknowledge Before Inquiry

"The annual festival is going to demand too much of everyone's time and not return any more income that before if we accept the proposed expansion to a larger facility and event."

A – If it this expansion is going to consume too much of our time and not result in more income, then we shouldn't do it! We need to insure the expansion addresses your concern.

I – What makes you think it is going to the extra effort and will not add to our income?

#### Widen the circle Vary the strength of the agreement

Time Frame Scope Permanence

**L**an you agree here?

**Or here?** 

Jf you can't agree here

Right Now

Make it Safe

Stronger	Weaker
Permanent	Provisional
Comprehensive	Partial/Pilot
Final	In Principle
Unconditional	Contingent
Binding	Nonbinding
Agree	Live with it





#### Positions vs. Interests

Interests define the Problems (Your needs) For every Problem there are multiple solutions A position is nothing more than just one solution addressing your needs?

To learn their interests?

Ask <u>WHY</u> they are taking their position?

Ask <u>WHY</u> they are <u>NOT</u> accepting your position?

The Right Conversation





If you keep having the same conversation over and over, maybe you're having the wrong conversation...

CONTEN<br/>THappens OnceDROCESS OR<br/>PATERNPattern of BehaviorProblem is Harming

## RELATIONSHIPS

Problem is Harming the Relationship



# Who Am I talking about?

With hocked gems financing him, our hero bravely defied all scornful laughter that tried to prevent his scheme. "Your eyes deceive," he had said. "An egg, not a table, correctly typifies this unexplored planet." Three sturdy sisters sought proof. Forging along, sometimes through calm vastness, yet more often over turbulent peaks and valleys, days became weeks as many doubters spread fearful rumors about the edge. At last, welcome winged creatures appeared, signifying momentous success.



# **Context - Association**

Gems – Queen Isabella sold the crown jewels Egg (Round) vs Table (Flat) Three Sisters – Niña, Pinta, and Santa Maria Peaks and Valleys – Waves Edge – Edge of the Earth

## **Active Listening**

- Your brain is quiet, not composing "the answer while your counterpart is talking.
- You don't interrupt, finish their statements, or wave off further information by agreeing.

Authentic

Dialog

ST

- You ask questions.. You're curious!
- Watch the non-verbals!
- Intent -> Understand their story.

#### Help people "FEEL" heard!

# RRR

Authentic Dialog

ST

#### Rephras Restate what you heard so the person can "hear" their statements using different words.

Reframe Reframe what you heard so the person can "see" what they said from a different perspective.

# ReflectReflect the emotional side of the<br/>conversation to demonstrate empathy for<br/>how they feel.

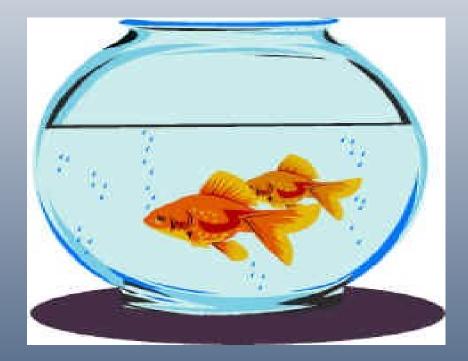
# **BADGER** Approach



Beginning	<ul> <li>Overview, Share intentions &amp; story, explain roles/ process/ confidential</li> </ul>
Acquire Info	<ul> <li>Perceptions/ learn their story &amp; needs/ check understanding</li> </ul>
Define Issue(s)	<ul> <li>Identify main concern/ common ground / share purpose</li> </ul>
Generate Alternative	• Generate potential solutions
Evaluate Alternatives	• Workability/ reality check/ prevent disagreements in future
Resolve	• Rephrase agreement or conclusions/ specifics



## Lets Practice...





# Lets Practice... Role Play: The unhappy parishioner

- Get into Pairs.
- 3 min to learn your role
- 10 min to act out role play
- 3 min to share with each other
- Then we debrief!

Please do not wander off. Let your Instructors know where you are at all times. Thanks



## Give Feedback Look at each of the 8 techniques?

